

Clear and Busy Mindsets



When you're wondering why problems hang around, knowing what mindset you're operating from helps.



Mindsets are habits of thinking that govern how we all think, feel and behave.



They shape how we show up to each other when things are going well...and not so well.



We all move between clear and busy mindsets.



Knowing how mindsets work makes a big difference.

A man with a beard and glasses, wearing a dark suit, is shown in profile, looking to the right with his hand on his chin in a thoughtful pose. The background behind him is a complex, layered image of various gears and mechanical parts, some of which are highlighted with a warm, golden glow. The overall scene suggests a state of intense mental activity or a 'busy mindset'.

In a busy mindset we...

Get caught up in the whys and wherefores

Believe we know why others behave as they do

Selectively listen for confirmation or disagreement

Walk in our own shoes and think that's the only truth

Make judgements quickly

Overly rely on what we've tried before

Deliver quick fixes

Find leading stressful

In a clear mind we...

See situations afresh

Are curious about why people behave as they do

Fully hear where someone else is coming from

Walk in others' shoes and empathise

Suspend judgements

Are open to our own and others' insights

Get people's commitment to a way forward

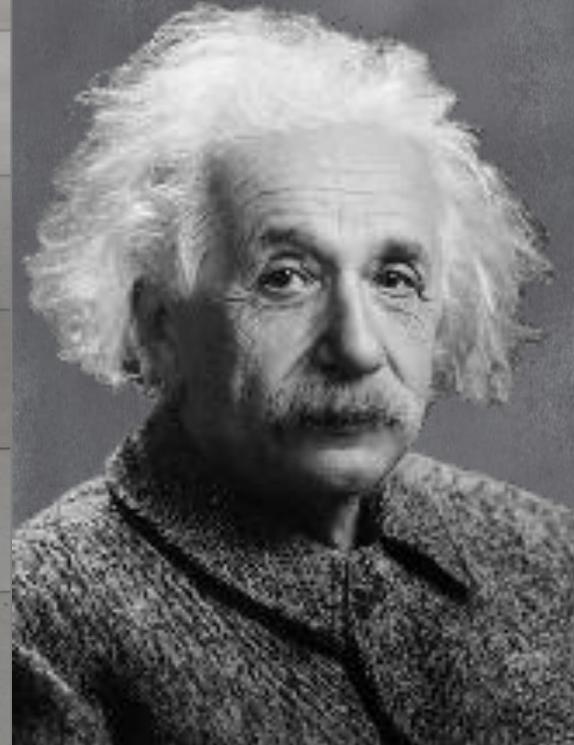
Enjoy life as a leader

Einstein predicted
'We can't solve
problems using
the same thinking
that created
them.'

A busy mind proves him right.



$$E = mc^2$$



When clear
minded
wisdom,
courage,
compassion,
restraint,
ingenuity and
fairness are
readily
accessible.

About The Mindset Difference

We help leaders achieve results that exceed expectations.

Our tailor-made programmes are built around a specific, and often persistent business challenge that needs to be resolved.

They are for leaders and teams wanting to raise their game to the next level, recover from a difficult period or set off on a sound footing soon after they've formed.

We help people understand how their often unnoticed mindsets work.

This helps them uncover new answers that remove what once felt like recurring blocks to higher levels of performance.

We make it easier to overcome obstacles that lessen commitment to new ways forward.

During implementation, we support leaders as they deepen learning and sustain breakthroughs.

There are many development approaches aimed at improving or refining leaders' skills. Others offer ready-made solutions to your challenges.

Ours is different.

We help leaders and teams realise for themselves the difference their mindset makes as they work on getting whatever needs doing done well.

This has four important benefits:

- It ensures existing skills get deployed more effectively and, if needed, new ones acquired more easily.
- It helps leaders uncover new answers and reach their own solutions.
- It increases levels of engagement and commitment to agreed actions.
- It develops leaders and teams more quickly.

THE MINDSET DIFFERENCE

Better discussions. New answers. Extraordinary results

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